What's on

Your guide to activities, clubs and events in the borough

See centre pages

Waltham Forest

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Waltham Forest NEWS

Your Council keeping residents informed
www.walthamforest.gov.uk

Issue 105 | 25 November 2013

Saturday 7 December

Small Business Saturday

LOVE YOUR HIGH STREET

Waltham Forest Council, in partnership with the Waltham Forest Business Network is supporting the first Small Business Saturday in the UK, held on one of the busiest shopping days of the year – Saturday 7 December.

Waltham Forest Council is running an active campaign encouraging our town centre small businesses to take up the opportunity to participate in this event to encourage residents to shop locally. The campaign complements the national Small Business Saturday initiative and links events and activities across all of our larger shopping areas in the borough. Christmas lights, carol singers, bell ringers, business pop up shops and winter wonderlands are just some of the events and activities on offer on Saturday 7 December – designed to encourage local residents to shop locally.

We are also asking independent shops and businesses to sign up to list their special promotions - anything from a special discount, giveaway or offer – and in return they will receive promotional leaflets and posters to display in their business premises, becoming part of the borough-wide initiative which includes social media and promotion in the Waltham Forest News and on the Council's website.

Waltham Forest Small Business Saturday is being promoted by Waltham Forest Council in partnership with the Waltham Forest Business Network which includes, Waltham Forest Women in Business, the Waltham Forest Business Directory and the Waltham Forest Small Business Competition.

We want local businesses to get involved

Once you're signed up, you will receive posters and leaflets to display in your premises, as well as promotion as part of the campaign across social media, our website and Waltham Forest News.

Register your interest at:
www.wfsbs.eventbrite.com or email
Ravinder.Dhanjal@walthamforest.gov.uk

For further information:
Visit **www.walthamforest.gov.uk/loveyourhighstreet**
Twitter @WFBNetwork #WFSBS @38HoeStreet
www.facebook.com/WalthamForestBusiness

NEW Free Business Support App launching as part of Small Business Saturday

Start your own business • Support for existing businesses • Finance • Training • Growing your business and much more

Download on iTunes and Google Play on Saturday 7 December

Creating a better place 2013
Better High Streets • Better Leisure • Better Schools • Better Housing

SMALL BUSINESS SATURDAY 7TH DECEMBER

Waltham Forest

Discounts galore!

Grab a bargain at your local hidden gem.

LOVE YOUR HIGH STREET

Fall in love with your high street

Creating a better place 2013

Better High Streets • Better Leisure • Better Schools • Better Housing

www.walthamforest.gov.uk/loveyourhighstreet

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Issue 105 | 25 November 2013

Robbery rates are down

Residents are still advised to be vigilant, but the rate of robberies in Waltham Forest is falling

Robberies and burglaries in Waltham Forest are going down. That's according to the latest figures released by the Metropolitan Police this week.

In just three years, both types of crime have dropped to levels below the London average – a first for Waltham Forest.

Robbery is down by more than 26 per cent, meaning that this year there were 200 fewer robbery victims than last year. Burglary has also fallen by nearly 10 per cent in the past year.

Waltham Forest is one of only two London boroughs to have lowered both types of crime for the last three years.

"We know that community safety is one of the most important things for residents and that's why we're tackling the issue head on with our partners," Cllr Liaquat Ali, Cabinet Member for Community Safety and Cohesion, told Waltham Forest News.

The police and the Council monitor local-level issues as they happen, including the recent spate of what seem to be illegitimate 'locksmith' stickers appearing in the borough and other parts of London.

Believed to be used by thieves targeting households that are empty during the day, the stickers have appeared on a number of residents' front doors and windows in the past week.

"The stickers can be hard to spot and at first glance appear to be an innocent advertising ploy for a locksmith service", added Cllr Ali. "While the police continue to investigate whether this is a scam, we're warning residents to be vigilant and remove any stickers they find."

The police have advised residents to report any sticker sightings to their local Safer Neighbourhood Team, instead of 101 or 999 which should be used for emergencies.

More info

To find contact details for your local Safer Neighbourhood Team visit **www.met.police.uk**. For advice about setting up your own Neighbourhood Watch Team phone the Council on **020 8496 3000** or visit **www.walthamforest.gov.uk**

Help us Create a Close Knit Family

In brief **Page 3**

Resident Grace Chandler is supporting the Council's new adoption campaign, which is encouraging residents to knit dolls for children in the borough. Dolls should be sent to the Council by Friday 13 December.

NEW YEAR, NEW YOU

Courses starting in January. For more information, visit www.waltham.ac.uk

info@waltham.ac.uk | 020 8501 8501 | Forest Road, E17 4JB

WALTHAM FOREST COLLEGE

Healthy Schools London

Cllr Ahsan Khan, Cabinet Member for Health and Wellbeing, and Cllr Clare Coghill, Cabinet Member for Children and Young People, present Newport School Head Teacher Prue Barnes, centre, with the school's bronze accreditation

- **New scheme aims to help school children live healthier lives**
- **Council calls on borough's schools to join programme**

More than 20 schools from across Waltham Forest have joined a new scheme which aims to help pupils lead healthier, happier lives.

The Healthy Schools London scheme, created by Mayor of London Boris Johnson, was launched locally by the Council to support schools and help our children lead healthy lifestyles, make healthy food choices and boost their emotional wellbeing.

Studies have shown a link between healthy eating and improved wellbeing and academic attainment. The results also showed a reduction in bullying and behavioural, social and emotional difficulties.

The new programme focuses on four core themes; healthy eating, personal social health and economic education, physical health and emotional health and wellbeing. Schools that teach pupils about these subjects will be able to apply for bronze, silver or gold accreditation.

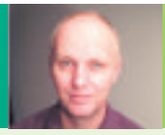
The Council is encouraging all schools to join the scheme and achieve bronze status by the end of 2014. Newport School in Leyton was the first local school to receive a bronze award.

Cllr Clare Coghill, Cabinet Member for Children and Young People, told Waltham Forest News: "The roots of healthy eating and emotional wellbeing are vital to allowing children to be the best they can be. This scheme helps schools to give their children the start they need."

More info

For more information visit **www.walthamforest.gov.uk** and search 'schools'. Free internet access is available at libraries.

In my opinion



Darren Morgan

Information Manager, Healthwatch Waltham Forest

If you've ever wanted to have your say on the health and social care services provided in Waltham Forest, but did not know how to go about it, then help is at hand.

I work for Healthwatch Waltham Forest – the new local watchdog for health and social care issues. I want more people in the borough to know about Healthwatch and how we can help local people have their say about the services that they and their families use.

Healthwatch Waltham Forest champions your views on local health and social care. We can help you get the best out of your local health and social care services; whether it's improving them today or helping to shape them for tomorrow. We are part of the Healthwatch Network. This is made up of 152 local Healthwatch organisations across England, and supported by a national body, Healthwatch England.

We want to make sure that people are able to influence the way that health and social care services are provided. This does not just mean the people who use them now, but anyone who might need to in the future.

We gather the views and experiences of local people on the way health and social care services are delivered and conduct research on topics identified by you. If you have any views on local services, good or bad, we are here to listen.

The information you give us helps form a wider picture of local services. We use this to influence the way services are designed and delivered, working closely with providers, planners and regulators to ensure your voice is heard. We also have an Enter and View programme, staffed by volunteers, which looks at how services are being delivered.

We can also provide information, advice and support about local health and social care services via our Information Service, which is available on our website and via a weekday telephone hotline.

Local residents are at the centre of Healthwatch. Volunteers help us in all aspects of our work and we have various volunteering opportunities available if you would like to get involved. You could be office based or out in the community, learning new skills and gaining valuable experience.

At the moment we are asking people about home care services. If you have any views or experiences – good or bad – that you would like to share, please get in touch.

For more information on Healthwatch Waltham Forest phone **020 3078 9990**, visit **www.healthwatchwalthamforest.co.uk** or email **info@healthwatchwalthamforest.co.uk**.

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

GOOD VALUE, LOCAL SERVICES

*** COUNT ON US ***

Contact Waltham Forest Council:

Visit **www.walthamforest.gov.uk**
E-mail **Wfdirect@walthamforest.gov.uk**
Call **020 8496 3000**

Waltham Forest

Waltham Forest News

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email **walthamforestnews@walthamforest.gov.uk** or phone **020 8496 3000**.

Advertising and promotional enquiries:
Luke Chetwynd, **020 8496 3000** (press 6)
advertisingwfn@walthamforest.gov.uk

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Approved by Plain English Campaign

recycle for Waltham Forest

ABC

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Not such a safe bet

- **Council wants greater powers to tackle the spread of betting shops**
- **Clustering of betting shops in borough's town centres is a real concern**

Council Leader, Chris Robbins, and Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment, want greater powers to stop more betting shops opening in the borough. Bookmakers Paddy Power have applied for a change of use to turn this shop into a betting shop

The growing number of betting shops setting up on the borough's high streets has been highlighted time and again to Waltham Forest Council by local residents concerned at the detrimental impact it is having.

The Council has been pushing the government for more powers to reduce betting shops opening clusters of outlets in our town centres, particularly given the millions of pounds it is spending on high street improvements throughout the borough.

Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment, said, "Residents have noticed that betting shops have been springing up all over the place, often in relatively small outlets. The driver for this approach has been the introduction of Fixed Odds Betting Terminals, or FOBTs as they are known."

FOBTs are machines that allow gamblers to make large bets in seconds and have become so popular that they are now bringing in more cash for betting shops than traditional over the counter bets.

The law states that only four FOBTs are allowed in any one betting shop, so for the betting shops opening lots of little outlets allows them to maximise the profit they can make from these machines.

However, this has led to an influx of betting shops taking over high streets, both in Waltham Forest and elsewhere in the country. FOBTs have also been linked to money laundering – allowing criminals such as drug dealers to run money through a machine and receive a receipt that would account for their cash if they were stopped by the police.

"We have committed to a campaign with a number of other councils that is calling upon the Government to introduce measures to restrict the impact of FOBTs," explained Cllr Loakes.

"At the same time we are also looking for more robust planning laws to help us restrict betting shops where there are already too many. We currently have some powers when planning permission is applied for, but all too often these are not enough."

Creating a better place

Better High Streets · Better Leisure · Better Schools · Better Housing

Something called 'permitted development' allows betting shops to change an outlet such as an estate agent office, a restaurant, or even a pub such as the Bakers Arms into a betting shop without having to obtain planning permission.

The Council would like the government to tighten up planning law to give them more powers at a local level to stop betting shops opening. By giving local authorities a greater say in the change of use of outlets they will be able to prevent over-proliferation and clustering of betting shops in town centres.

More info

The Council's 'Creating a better place to live' campaign is committed to doing more to improve the borough's streets, and attract better shops and leisure facilities. Full detail of the scope of the campaign is available on the Council's website – go to **www.walthamforest.gov.uk/betterplace**

Case study:
Success on Billet Road

Despite the difficulty in stopping the spread of betting shops, Waltham Forest Council does still fight applications for new betting shops as and when it can. One recent example that highlights this saw the Council receive the backing of the national Planning Inspectorate.

Back in April of this year an application made to open a William Hill betting shop at 204 Billet Road in Walthamstow was refused by the Council. Because the unit was designated as a shop, the company couldn't sidestep planning permission.

Waltham Forest Council's Planning Committee felt that the small parade of shops, which already included a betting shop at number 210, would not be enhanced by converting a further unit into a betting shop.

William Hill appealed to the national Planning Inspectorate, who agreed with the Council's decision, citing an, 'erosion of the essentially retail character and the vitality of this local parade'.

"This is obviously a great result," Cllr Loakes told Waltham Forest News. "It shows that where we are given the power, we will fight this incessant encroachment of betting shops and we can win.

"It's just that currently we feel as though we are being made to fight with one arm tied behind our back and we think it is time the Government gave us the right to determine what our own high streets look like."

In brief

Gallery's award nomination

Hot on the heels of winning the Art Fund Prize for Museum of the Year 2013, the William Morris Gallery has been shortlisted for the Best Historic Building Management award in the London Planning Awards. Last year Leyton Town Centre was named the winner of the Best Town Centre Project award. This year's winners will be announced by Mayor of London, Boris Johnson, on Tuesday 4 February 2014. The William Morris Gallery is open from Wednesday to Sunday, 10am to 5pm and entry is free.

• For more information phone 020 8496 4390 or visit www.wmgallery.org.uk

Toy exhibition

A new exhibition at Vestry House Museum (Vestry Road, E17 9NH) explores the history of toy making in Waltham Forest. Toys: A Serious Business runs until Sunday 23 February 2014 and gives children and adults alike the chance to play with traditional toys and games from bygone eras. There is also the chance to learn about the toy making industry that existed in the borough for nearly 80 years. The exhibition runs alongside the Museum's permanent collection, which explores domestic life, local history, fashion, toys and games. Vestry House Museum is open from Wednesday to Sunday, 10am to 5pm and entry is free.

• For more information phone 020 8496 4391 or visit www.walthamforest.gov.uk/vestry-house

Knitters still needed!

If you're handy with a pair of knitting needles, why not get involved in the Council's new adoption campaign? You can join the Create a Close Knit Family campaign by knitting a doll for a child in the borough. Free patterns are available on the Council website. Grace Chandler, the 103 year old cyber surfer featured in issue 104 of Waltham Forest News, is backing the campaign and has already created two dolls. She said: "My mum taught me how to knit when I was 11 years old and I've been knitting ever since. Children are the future and we should do all we can to support them and give them a loving family. I'm happy to be doing my part to help."

• Send your dolls by Friday 13 December to FREEPOST RRGL-ZXTL-GZXZ, Close Knit Family, Strategy and Communications, Waltham Forest Town Hall, Forest Road, E17 4JF. For more information phone 020 8496 3000 or visit www.walthamforest.gov.uk/adopt

Staying well and enjoying life

Waltham Forest has four key priorities to help improve the lives of residents. In this edition we look at what is being done to help your family by making sure that older residents live happy, healthy and active lives

Funding the Freedom Pass, offering free swimming for over 60s and making sure vulnerable adults are kept safe are just some of the services the Council offers older people

Being an 'older' person today is more likely to involve cyber surfing and Skype than a pipe and slippers, thanks to the wonders of modern medicine helping people live longer and healthier lives. With one in 10 Waltham Forest residents now aged 65 or over, the Council is committed to making sure that older people have the activities, services and support they need to make the most of their twilight years.

Variety: the spice of life

"Today, being an older person doesn't have to mean staying indoors and feeling like the world is passing you by," Cllr Angie Bean, Cabinet Member for Adult Services, told Waltham Forest News.

"Older people represent an important and growing section of our community, and that's why we're committed to providing a good range of things to do, to encourage older residents to play an active role in the borough."

From the annual Christmas dinner to free swimming for people over 60, Waltham Forest Council has a lot to offer older residents, who in return, can offer a wealth of experience to younger generations.

Reading groups, tea dances, multimedia courses and transport – to help people get out and about rather than feel isolated – are just some of the things on offer. The Council has also continued to fund the freedom pass for 37,000 over 60s, giving free travel on buses, tubes and overground services across London.

The Council has continued to fund the Freedom Pass for 37,000 over 60s, giving free travel on buses, tubes and overgound services in London.

Support services

For residents who are less independent, help is also at hand. Advice and support with home adaptations, accessing the right benefits and finding alternative accommodation – should staying at home prove too difficult – are also provided by the Council.

Concerns about an older person's safety and allegations of abuse can be reported in confidence to the Council's Safeguarding Adults Team. This week TV personality Esther Rantzen launches The Silver Line, a national helpline for older people. It will offer advice on services available to older people, a befriending service to combat loneliness and a way to report concerns about the safety of an older person.

"With some older people unable to speak up, it's great that a national scheme is helping to promote their voices," said Cllr Bean. "By putting people in touch with services in their local area and offering befriending, The Silver Line will help reduce isolation and ensure people know what's going on in their local communities."

Preventing falls

Falling and the problems this can cause older people is also a subject the Council is working with its partners to highlight. "Falling can be a real problem for people because aside from the obvious risk of injury, a bad fall can knock someone's confidence and leave them feeling unsafe living on their own, threatening their independence", said Cllr Bean.

Last Thursday, at an event organised by the Council in partnership with Age Concern and the Waltham Forest Clinical Commissioning Group, residents were given practical tips on how they can prevent falls and stay healthy as the colder weather sets in.

"People on four or more tablets a day are at a greater risk of falling, so asking your doctor to review your medication is something people should consider," Cllr Bean added. Other practical steps include checking that your walking stick or Zimmer frame has a rubber stopper to reduce slips, wearing appropriate footwear and ensuring that your home has enough lighting.

Rights for carers

Last Friday, 'rights, advice and support' were the focus of the national Carer's Rights Day.

Young and old, a carer is anyone who looks after a relative, partner or friend suffering from an illness, disability or frailty. By funding organisations like the Waltham Forest Carers Association, the Council wants to make sure anyone with caring responsibilities can access the support and financial help they are entitled to.

To mark the event, the Waltham Forest Carers Association headed down to Walthamstow Library to speak to people who may be a carer without even realising, to tell them about the support services available.

More info

For more information, including a range of free leaflets on Council services for adults, visit **www.walthamforest.gov.uk** or call **020 8496 3000**. For more information on The Silver Line visit **www.thesilverline.org.uk** or call **0800 328 8888**. For more information on the Waltham Forest Carers Association visit **www.walthamforestcarers.com** or call **020 8556 0857**.

What you say

Residents tell Waltham Forest News what they think about the Council's services for older people

Eric Cockerton, Whipps Cross

"I use the free swimming offer by the Council and think it's great. I go at least twice a week and without it I don't know what I'd do. I know of some of the other services and offers the Council provide but swimming is my favourite offer."

Maurine Davis, North Chingford

"I'm fortunate in that I have a large social circle – there are some that don't. I know the Council do a Christmas dinner for older people and I think it's fantastic. It helps people avoid being isolated and alone at a time of year that nobody should be."

Ms Nipperissa, North Chingford

"I'm aware that the Council provide some services for older people. I don't really use them myself but I think it's good they do. My concern is the freedom pass and helping older residents keep them. It stops people becoming isolated and so they can get out and about."

Diane Hallsworth, Chingford

"As an older person my friends and I think the Council should address the issue of public toilets; there simply aren't enough. Some people might take it for granted but for us it's a real issue. I've known people that have avoided going out due to a lack of them."

Priority: Helping you and your family

Commitment:

- Not raise council tax and will continue to fund the freedom pass
- Make sure you have access to training and education that helps you get a job whatever your age
- Support schools so that they can deliver a high quality education for our young people in decent buildings
- Work with the community to keep vulnerable adults and children safe

Priority: Making our community a safer place

Priority: Keeping our borough clean

Priority: Bringing you better shopping, streets and leisure

www.walthamforest.gov.uk/priorities

Waltham Forest

NAME & SHAME

DON'T MESS WITH WALTHAM FOREST

Waltham Forest Council is committed to cleaning up the borough and wiping out enviro-crime in Waltham Forest. We will be taking tough action against those people who continue to blight our borough, and will name and shame the people we catch treating our borough like a dumping ground.

The following people and companies have been successfully prosecuted for enviro-crimes:

Who?	Paul Woodward
Where from?	Enfield
The offence?	Breach of Advertising Regulations
The outcome?	£20 fine and a £20 victim surcharge
Who?	Wasim Hussain
Where from?	Walthamstow
The offence?	Carrying waste without a licence
The outcome?	£180 fine, £150 costs and a £20 victim surcharge
Who?	Chergui Hcenne
Where from?	Leytonstone
The offence?	Failure to produce waste transfer notes
The outcome?	Conditional discharge for 12 months, £300 costs and a £15 victim surcharge

In addition the Council handed out 108 Fixed Penalty Notices in the four-week period between Monday 21 October and Wednesday 20 November 2013 for enviro-crime offences. Eighteen of these were for littering offences, of which three were for urinating in a public place.

More info

To find out more about the Council's, 'Don't mess with Waltham Forest' campaign visit **www.walthamforest.gov.uk/dontmess**. Report an enviro-crime by visiting **www.walthamforest.gov.uk/report-it** or phone Waltham Forest Direct on **020 8496 3000**.

Dead mice found at Costco in Chingford

A Lycamobile advertisement illegally pasted on the streets of Waltham Forest

Big businesses get big fines

Costco and Lycamobile both prosecuted by Waltham Forest Council

Environmental Health and enviro-crime teams hold firms to account

It doesn't matter how big your business is, if you flout the rules in Waltham Forest the Council will bring the full force of the law to bear. Two recent examples of firms taken to court for failing to take their responsibilities seriously led to five figure fines for each.

Cash and carry chain Costco has over 600 outlets worldwide, 66.5 million cardholders and annual revenues of $88.9 billion. But that corporate clout counted for nothing when Waltham Forest Council's Environmental Health Team shut their bakery operation down last year after an inspection revealed a mouse infestation.

The Council's Food and Safety Team were shocked by the dirty conditions of the bakery at Costco in Shadbolt Avenue, Chingford when they visited on Thursday 15 November 2012.

The team discovered that mice had gnawed their way through several bags of flour and cake mix and there were mouse droppings throughout the bakery. The evidence also included the gruesome discovery of three dead mice in a cupboard and three decomposing dead mice on a sticky board.

"It's a shocking state of affairs," said Cllr Clyde Loakes, Cabinet Member for Environment. "There is absolutely no excuse for anybody whose business it is to prepare food to allow vermin free reign of their premises in this way.

> **"There is no excuse to allow vermin free reign."**

"Surely a firm with the resources of Costco can afford to take the necessary measures to keep their bakery clean and secure from infestation. I am sure many local residents will be feeling thoroughly sick to their stomachs."

The Food and Safety Team were shocked by the evidence of filth that was allowed to fester, with food containers and cake racks found to be encrusted with food debris.

Similarly some of the wholly unhygienic practices, such as having two large bins in the centre of the bakery, were a first for the team. Ultimately they resulted in the bakery being closed immediately with a Hygiene Emergency Prohibition Order.

The Council brought a prosecution that saw the firm in front of Thames Magistrates' Court on Friday 25 October 2013. Costco Wholesale UK Ltd pleaded guilty to seven offences for which they were fined a total of £27,120, consisting of £3,000 per offence, plus costs of £6,000 and a victim surcharge of £120.

Another big name that recently fell foul of Waltham Forest Council is Lycamobile UK Ltd. The telecom giant was discovered to be flyposting in the borough – not a good idea in Waltham Forest where there is a zero tolerance approach to enviro-crime.

Lycamobile pleaded guilty to six charges of a breach of advertising regulations under the Town and Country Planning Act. The court recognised that the illegal advertising was widespread and that the Council had been working hard to address the problem for some time.

The court shaved £100 off the maximum fine to take into account the late guilty plea made by the company, leaving Lycamobile with a £2,400 fine for each of the six offences. They also awarded the Council's costs at £2,300 and a £120 victim surcharge, meaning a total bill of £16,820 was ordered to be paid within 28 days.

"Where businesses do not take their responsibilities seriously we will gather the evidence for our legal team and bring in the full force of the law," said Cllr Loakes.

More info

For more information about the Council's 'Don't Mess with Waltham Forest' campaign visit **www.walthamforest.gov.uk/dontmess** or phone **020 8496 3000.**

Given the Green Flag

- **Lloyd Park and Abbotts Park have been awarded Green Flag status**
- **Five of Waltham Forest's parks now hold the prestigious award**

Lloyd Park in Walthamstow, pictured above, and Abbotts Park in Leyton have been awarded Green Flag status

Two more of Waltham Forest's parks are among the best in the country – and that's official.

Lloyd Park in Walthamstow and Abbotts Park in Leyton have both been awarded a prestigious Green Flag by the Keep Britain Tidy campaign. The Green Flag award is the national standard for parks and green spaces in England and Wales, recognising and rewarding the best green spaces in the country.

The two parks join Ridgeway Park in Chingford, which was awarded Green Flag status in 2011, Langthorne Park in Leytonstone and Coronation Gardens in Leyton, both of which have retained the Green Flags they were first awarded in 2007.

The Green Flag is a sign to visitors that the parks are well-maintained and well-managed with excellent facilities; and offer high-quality green spaces for residents to enjoy. The first awards were given in 1997 and, many years later, they continue to provide the benchmark against which our parks and green spaces are measured.

Green Flag Award applications are judged against eight key criteria. They are: that the park is a welcoming place, that it is safe and secure for all members of the community to use, that it is clean and well maintained, that it is sustainable and environmentally sound, that particular attention is paid to conservation and heritage, that community groups are involved in the park, that the park has a marketing strategy and that a management plan is in place.

Lloyd Park Sharing Heritage – an over-50s group – is holding a celebration event on Saturday 14 December between 1.30pm and 2.30pm. It will include a screening of the group's own animation film which aims to share the rich heritage of the park.

The Green Flag is a sign to visitors that the parks are well-maintained and well-managed with excellent facilities.

More info

For more information on Waltham Forest's parks visit **www.walthamforest.gov.uk/parks**
For more information on the celebration event, and other regular activities that take place in Lloyd Park, email **ellie.mortimer@walthamforest.gov.uk** visit **www.walthamforest.gov.uk/lloyd-park** or phone **020 8496 3000.**

In brief

The pizza takeaway in Wood Street has now been shut

Pizza Town

A pizza outlet set up at 30 Wood Street without permission has been shut down and its owner, manager and leaseholders have been ordered to pay combined fines and costs of £4,350. Because there were already four hot food takeaways in the row of shops, another was not allowed under the Council's Hot Food Takeaway policy. The owner ignored a temporary stop notice, forcing the Council to instigate prosecution proceedings. Hasan Eker, owner of Pizza Town Ltd, was fined £1,100 and ordered to pay costs of £400. Takeaway manager Christopher Kent and leaseholders Dondu Kurtulus and Ali Ishan Kurtulus were each fined £550 and ordered to pay costs of £400.

- **For more information visit www.walthamforest.gov.uk/planning.**

Recycle more in Waltham Forest

You can recycle these items in your green bin

Don't forget to 'wash and squash' – rinse out any containers and flatten where possible to save space.

You can recycle these items in your brown bin

Use your brown kitchen caddy to collect food waste in your home, and empty it into your brown bin once it's full. Garden waste can also go in your brown bin.

Don't forget to use caddy liners labelled 'compostable', not plastic bags. Or why not wrap your food waste in newspaper?

Need help with your recycling? Contact Waltham Forest Direct
Phone **020 8496 3000** or email **wfdirect@walthamforest.gov.uk**

www.walthamforest.gov.uk/recycling

recycle for Waltham Forest

Your rubbish will be collected on revised dates over the festive period. Look out for these in the next edition of Waltham Forest News and on our website.

Waltham Forest

GET TOGETHER TO ENJOY ANOTHER BRILLIANT YEAR IN WALTHAM FOREST

FREE EVENT NO TICKET REQUIRED

Winter Wonderland

Saturday 14 and Sunday 15 December, 1pm–7pm

Enjoy the spectacle and magic of the festive season
Leyton Cricket Ground, Leyton E10 6RJ

This December, wrap up warm for two amazing days of fun. Glide with the greatest of ease across the rink*, listen to carol singers, see the animals including reindeers or have fun on the zip line and at the fair – there is so much be had at Winter Wonderland.

*No booking required for the synthetic ice rink

www.walthamforest.gov.uk/events-get-together

Facebook.com/walthamforestcouncil

Follow us on twitter @LBWFEvents

Waltham Forest

Age UK Waltham Forest wants to meet with you to hear about any issues that are affecting you, or concerns you have, as an older person. Friends and family of older people are welcome to come along and contribute also.

You are cordially invited to come to the Chingford Assembly Hall, Station Road, Chingford E4 7EN on Thursday 28th November at 2pm to speak with us. Tea and coffee will be available from 1:30pm. The event will end at 4pm. Car park available on a first come, first served basis.
We look forward to meeting with you.

Age UK Waltham Forest's AGM takes place on Thursday 28th November from 10am to 12 noon at Chingford Assembly Hall Station Road, Chingford E4 7EN
To book to attend, please telephone 020 8558 5512

Waltham Forest age UK

Are you an older person and feel lonely or isolated?

Age UK Waltham Forest's Just Connect Service can help you!

Would you like someone to visit you weekly for a chat or perhaps you would like to gain confidence to attend activities in the local area to meet new people? Our befrienders can help.

If you feel you would benefit from this service then please contact Christine Bateson on 0208 558 5512 or email c.bateson@ageukwalthamforest.org.uk

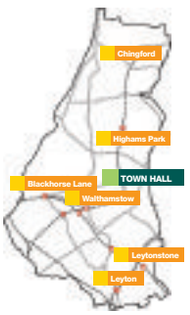
Waltham Forest age UK

Walthamstow

Budding young musicians celebrate Bongalong's twentieth birthday

A big birthday bash

- **Children's music club celebrates twentieth anniversary in Walthamstow**
- **Bongalong offers creative music and movement classes for children under five**



A Walthamstow music group that has given thousands of local children their first taste of making music celebrated its twentieth birthday last month.

Bongalong, which was originally known as Music Makers, was set up in Walthamstow Village by Fiona O'Connor, Anna Williams and Leone Quinton in October 1993. All three were mothers of young children and worked as professional musicians.

Today Bongalong is run by another local mum, Fiona Lundie-Smith, who took the reins in 2009. Fiona's first experience of the group came when she used to take her own children along to the music sessions.

Fiona told Waltham Forest News: "Bongalong gives families a really fun start to making music. I used to take my girls along and I'd find myself thinking 'I'd love to do this'. Little did I know that one day I'd be leading the sessions. And I was right, I do love it!"

Bongalong music classes are for babies, toddlers and children up to the age of five. The classes include playing instruments, movement, singing and drama. Props and costumes are also used to help bring songs and stories to life.

Everyone attends a regular session time on a weekly basis, booking for a term at a time. Groups remain constant to help to build children's confidence and give the opportunity to learn in a secure and familiar environment.

Regular sessions for children aged five and under, and sessions for children aged one and under, take place at venues around Walthamstow on Mondays, Tuesdays and Thursdays during school term times. There is also an early riser's drop-in session at St Mary's Welcome Centre (8 Church End, E17 9RJ) at 8.30am every Saturday morning.

"The early risers drop-in sessions are great for parents who work full time and can't commit to regular activities with their children during the working week," said Fiona.

"They are also good for parents with babies. It can be quite a lonely time if you're awake early in the morning with your baby. Having the drop-in Bongalong session gives the chance to get out and about and meet other parents if your child is regularly up with the lark!"

As well as being a mum to three children, Fiona is also an experienced primary school teacher and musician. As such, she is keen to let other parents know about the benefits of getting children into music.

Fiona said: "I think it's important to introduce children to music at an early age. As well as being fun for little ones, music can also help with a child's development.

"It's amazing to see how quickly even very young children can watch and learn how to make music. By moving and dancing and playing simple instruments, young children can improve their motor skills, and songs and rhyme are known to help speech development and language skills."

The activities in each class include singing, movement, relaxation and instrument playing, all led by a class leader. Children get to play percussion instruments such as bass drums, temple blocks and elephant bells. They also sing, move and play to a mixture of traditional and new songs.

"I'd love to be able to provide more Bongalong sessions in future," said Fiona. "I think learning to make music can really help build a child's confidence and the classes are a great way to meet other families in your area. I'd encourage everyone with children under five to come along and give our drop in session a try."

More info

For more information visit **www.bongalong.co.uk**, email **fiona.bongalong@gmail.com** or phone **020 8257 7645**.

In brief

Kim Sparks and Morgan Trowland clean graffiti from a window shutter at Vestry House Museum

"We love Walthamstow"

Two Walthamstow residents recently did their bit for their neighbourhood after spotting some freshly-painted graffiti on the shutters at Vestry House Museum. Kim Sparks and Morgan Trowland, who live in Walthamstow Village but are originally from New Zealand, were on their way home from the Council's fireworks display at Waltham Forest Town Hall on Tuesday 5 November with their friend Caroline Barton when they spotted the offending artwork. The pair returned home to collect turpentine and sponges and spent half an hour cleaning the graffiti away because, as they told their friend; "we love Walthamstow." Waltham Forest Council would like to thank Kim and Morgan for their community spirit and their help in keeping the borough looking its best.

- **You can report all kinds of enviro-crime, including graffiti, by visiting www.walthamforest.gov.uk/report or phone Waltham Forest Direct on 020 8496 3000.**

Hearty Fair

Local 'foodies' can enjoy a tasty three course meal while doing their bit for a good cause thanks to a new charity supper club. Hearty Fair will hold events in aid of Walthamstow charities and good causes. The first supper club will take place at the Salvation Army (434 Forest Road, E17 4PY) on Saturday 30 November. The event begins at 7.30pm and diners can enjoy three courses of fine home cooking, homemade cordials, coffee and petit fours. The menu will feature produce donated by local companies The Veg Hut, East London Sausage Company, Aura Rosa, Woodford & Warner, ByggeBo and Arts & Crusts. The cost of the meal will be £18 per person. As the event is run by volunteers, all proceeds will be used to support local food parcel and Christmas present appeals.

- **For more information visit www.heartyfair.wordpress.com or tweet @heartyfair. Free internet access is available at all libraries in the borough.**

Sports and fitness

Zumba Fitness
Wednesdays, 7.30–8.30pm
Chingford Hall, New Road, E4 9EU
Be liberated by the music, enlightened by the beat, inspired by the rhythms, motivated by the fitnessvibe! Classes start from £4.75. **For further information visit www.fitnessvibe.co.uk or phone 0845 539 0079.**

Tai Chi for Health
Saturdays, 11am
Walthamstow Academy, Billet Road, Walthamstow
A relaxed class aimed at the over 50s, focusing on improving health. Beginners welcome. Classes cost £3 per week, payable 5 weeks in advance. **Places are limited and must be booked by phoning Emma on 020 8558 5512.**

Wing Chun Kung Fu
Tuesdays, 7.30–9pm
Wadham Lodge Sports Ground, Kitchener Road, E17 4JP
Join a small and friendly martial arts class for people aged 16 and over. Beginners and previous experience welcome. **For more information text or phone 07813 489744 after 6pm or visit www.wingchunmartialarts.co.uk**

Pegasus Military Fitness
Tuesdays, 7pm
Saturdays, 9am
Meet Tuesdays at New Road car park Chingford E4 9EY. Meet Saturdays at Bury Road car park Chingford Plains. Group fitness classes run by motivational instructors. First session free then £5 per session pay as you go. **For further details visit www.pegasusmilitaryfitness.com or phone 07866 658735.**

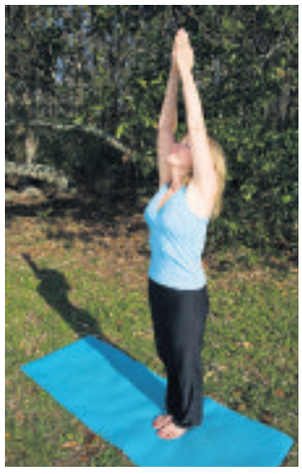
Ladies tap dancing classes
Thursdays, 1.15–2.15pm
St Edmund's Church Small Hall, Chingford Mount Road, Chingford
Charge of £4 per class. Not suitable for beginners. **For more information phone Mandy on 07976 786404 or 01992 524681.**

Women only Zumba
Tuesdays, 7.30pm and Saturdays, 10.30am
St Andrews Church, St Andrews Road, E17 6AR
Zumba combines Latin and international music with a fun and effective workout. **For more information visit www.vibe-wellness.co.uk or phone Jackie on 07717 330993.**

Pilates Fitness
Saturdays, 11.30am
St Andrews Church, St Andrews Road E17 6AR
Pilates fitness is a class that follows the principles of Pilates combined with elements of fitness exercise to enhance the benefits of the session. **For more information visit www.vibe-wellness.co.uk or phone Jackie on 07717 330993.**

Free Hatha Yoga for over 60s
Wednesdays, 12–1pm
Peter May Sports Centre, 135 Wadham Road, E17 4HR
Feel great with free hatha yoga classes for the Over 60s. Suitable for all levels. Booking is essential. **To book a place phone Emma on 020 8558 5512 or email info@ageukwalthamforest.org.uk**

Yoga Classes
Sundays, 9.30am and 11am
Aveling Park Bowls Club, Lloyd Park E17 4PP
Get a Sunday morning boost with hatha yoga classes in the beautiful Lloyd Park Bowling Pavilion. Suitable for first timers, beginners and intermediate levels. £8 per class. **Please book your mat by emailing yogamehappy@yahoo.co.uk or find out more at www.yogamehappy.co.uk**



Clubs and community

Family Fun – Nearly Christmas
Saturday 21 December, 10am–1pm
Aveling Centre, Lloyd Park, E17 4PP
Make some eco-Christmas decorations and daffodil bulb pots for presents.
These events are free and designed for families to enjoy together so please note parents and carers will be required to stay with their children if under 18, all are welcome to join on the day, but booking is recommended to avoid disappointment. **Please contact Rachel on 07787 193981 or e-mail r.hoyes@tcv.org.uk for more information or to book your place.**

Christmas Bazaar
Saturday 30 November, 11am
St Andrew's Christian Centre, St Andrew's Road, E17 6AR
Gifts, raffle, cakes, jewellery and more. Visit Father Christmas and his elves. Refreshments and car parking available.

Affordable Psychotherapy in English and Spanish
Monday to Friday, 9am–8pm
Near Blackhorse Road Station
Short and long term psychotherapy for individuals and couples. Sliding scale of fees, meaning that everyone can access psychotherapy. Concessions for students, unwaged and retired people. **For more information phone Valeria Bonfiglio on 07912 887588, email vb.psychologist@gmail.com or visit www.valeriabonfiglio.co.uk**

The Conservation Volunteers
Every Tuesday and Wednesday, 9am–5pm
1a Connaught Close, off Lea Bridge Road, E10 7QS.
Our Biodiversity Action Team helps manage some of East London's most vibrant sites for nature conservation. With projects running twice weekly there are plenty of opportunities to join in, meet people, learn skills and discover hidden places. Join in, feel good. **For details phone Tom on 07917 267573 or email t.nandi@tcv.org.uk**

Dream Workshop
Sunday 8 December, 10am–1pm
The Health Works, 111a Hoe Street, E17 4RX
We will create a social dreaming matrix, share and associate with our dreams, and reflect on their meaning in relation to our community. Safe and friendly. Entry costs £10. **To book a space visit www.personalcounselling.co.uk, email ruthcalland@hotmail.com or phone 07879 012167.**

The Mill Christmas Fair
Saturday 7 December, 1.30–4.30pm
The Mill, 7–11 Coppermill Lane, E17 7HA
Deck The Mill with boughs of holly: 'Tis the season to be jolly. Gifts to buy, crafts to do, cakes, spicy fruit punch and music. **For more information phone 020 8521 3211, visit www.themill-coppermill.org or email info@themill-coppermill.org**

E17 Community Kitchen
Thursdays, times vary
Waltham Forest College, Forest Road
Join a workshop and learn to create healthy meals on a limited budget. We demonstrate how to cook dishes that are tasty, healthy, inexpensive and easy to cook. Come to watch, learn, pick up new recipes and join in. And after cooking, enjoy a meal or dish with others, in a relaxed and friendly atmosphere. The workshops are free and open to all, you do not need to register, or commit to a course or qualification.
For dates and times of workshops please email e17kitchen@gmail.com

Hearty Fair Supper Club
Saturday 30 November, 7.30pm
Salvation Army, 434 Forest Road, E17 4PY
Book now to enjoy three courses of quality home cooking with homemade cordials, coffee and petit fours for £18. Featuring top ingredients from local producers and retailers. Proceeds to Salvation Army food parcels and Christmas toy appeal. **For more information, and to book, visit www.heartyfair.wordpress.com or email heartyfair@gmail.com**

Charity quiz night
Wednesday 27 November, 7pm
The Victoria Pub, Hoe Street, E17 4QH
Quiz night hosted by Neil's Big Quiz. Ten rounds of questions plus a table round. Prize for winning team. Raising money for Diabetes UK and Saint Francis Hospice. Tickets £8 including a buffet. Raffle tickets also available on the night. **To buy tickets phone Neil or Karen on 07534 284 160 or buy from the bar staff at The Victoria.**

Christmas Fayre
Saturday 7 December, 10am–1pm
Greenleaf Road Baptist Church, 4 Greenleaf Road, E17 6QQ
A warm welcome to all. Christmas Café, crafts and gifts sale, cake sale, children's crafts, play area and life sized Nativity Scene to view. **For more information phone Claudine Archer on 07506 159040.**

Waltham Forest Dyslexia Association AGM
Tuesday 26 November, 7–9.30pm
Salvation Army, 434 Forest Road, E17 4PY
The guest speaker, Dr David McLoughlin, will be talking about understanding and managing dyslexia. Everyone welcome to this free event. **For more information phone Helen Bigham on 07702 601897.**

South Chingford Community Library
Tuesdays, 10am–4pm
265 Chingford Mount Road, E4 8LP
Activities on offer include men's morning from 11am–1pm, play all types of games also light refreshments available. All ages welcome. Children's morning from 10.30am–12.30pm for ages 3 months to 5 years. Chingford children's centre, ages 3 months to 5 years from 1–3pm. **For more information phone 0208 529 3035, email southchingfordlibray@gmail.com or visit www.southchingfordlibrary.org.uk**

LGBT Social Support
Thursdays, 2.30–4pm
ELOP Centre 56–60 Grove Road Walthamstow E17 9BN
A weekly social support group for all LGBT people and those with support needs looking to socialise and share experiences in a relaxed, supportive environment away from the scene. Be yourself, talk about the issues relevant to you and develop lasting friendships. With different activities such as art projects, discussion afternoons, quizzes and movies, through to stress buster workshops, relaxation sessions, self-esteem, confidence building and much more. Entry £2. **For more information phone 020 8509 3898 or email info@elop.org**

Spanish lessons
Tuesday to Friday, 9am–9pm
Leytonstone, E11 3DY
Spanish lessons for all levels ranging from primary pupils to adult learners. Would you like to travel to Spain or are you going to Latin America? Would you like to improve your actual level of Spanish? Or just for fun? Affordable fees including special prices for students or block bookings of five classes. If there is a group of five people it becomes cheaper and more fun. **For more information phone Ylvi on 07443 397315 or email yrvings@hotmail.com**

Redwood Winter Wonderland
Sunday 1 December, 4–7pm
Redwood Pre School, The Bell Centre, 3 Holloway Road, E11 4LD
Come and visit Santa in his magical grotto and enjoy lots of festive fun. Plus music, games and entertainment with Mrs Bubbles and guests. Entry is free. **For more information phone 020 8539 8559 or visit www.redwoodpreschool.org.uk**

The Bakers Arms Christmas Bazaar
Saturday 7 December, 11am–4pm
458 Hoe Street, E17 9AH
Join us for a unique selection of stalls and free activities offering handcrafted Christmas gifts and handmade foods. There will also be kids craft activities with a Christmas theme, paint up-cycling ideas from FRP, festive refreshments from the Hornbeam Café, the weekly fruit and veg stall from OrganicLea, mulled wine and live music. All from local groups and small businesses. **For more information visit www.frponline.org.uk or www.hornbeam.org.uk**

Kelmscott School's Winter Fair

Saturday 30 November, 11am–3pm
245 Markhouse Road, E17 8DN
Come along and enjoy games, activities and chances to win prizes. There will be opportunities to buy a range of handmade crafts and gifts, cakes, handmade chocolates, books, nearly new clothes, photographs, jewellery and personalised embroidery. Activities include face painting, bouncy castle, tombola, raffle and many more. Refreshments include hot soup, mince pies and delicious spiced apple or alcohol free mulled wine. Everyone welcome. Stalls for hire still available. **For more information, or to book a stall please phone Pam Ereira on 020 8521 2115 or email p.ereira@kelmscott.waltham.sch.uk**

Lea Bridge Conservation Volunteers

Sunday 1 December, 9.30am
Meet at 1 Connaught Close, Lea Bridge Road, E10 7QS
Join LBCV coppicing at Horseshoe Thicket, Walthamstow Marsh, and learn a traditional woodland management technique.
LBCV meets on the first Sunday of every month. All tools and instruction provided. New volunteers welcome. **For more information phone 07757 766950 or email info@lbcv.org.uk**

Tombola prizes needed

We are planning to have a tombola table at The Mill's Christmas Bazaar on Saturday 7 December. We would be grateful if you could donate unwanted gifts, chocolates, sweets, cakes and bottled drinks. All proceeds will go to Christian Kitchen (for the homeless) and a Pensioner's Christmas Lunch. **Please phone Tommy Anderson on 07506 733392**

St Andrew's Dinner and Dance

Saturday 30 November, 7.30pm
Social Club, Waltham Forest Town Hall Complex, Forest Road, E17 4JF
Event in aid of Pensioner's Christmas Party. Evening includes haggis or shepherd's pie dinner, Scottish poet and The Stow Caledonian Pipe Band. Tickets cost £12 per person. **To buy tickets phone Tommy Anderson on 07506 733392.**

Culture and crafts

E17 Designers' Christmas Market

Friday 29 November, 7–10pm
Saturday 30 November, 2–6pm
The Asian Centre, Walthamstow, E17 9LN
Thirty designer makers, different each day, with handmade seasonal treats. £2 entry includes a free drink; music and prize draw. **For more information email contact@e17designers.co.uk or visit www.e17designers.co.uk**

E17 Craft Fair

Saturday 30 November, 12–3pm
Shernhall Methodist Church, Shernhall Street, E17 9HX
Charity craft fair – All local people selling all handmade items. Raising money for Macmillan Cancer Support and Saint Francis Hospice. Refreshments available. Free entry. **For more information phone Karen 07534 284160 or email craftykazzo@gmail.com**

Battle of the Bands

Saturday 30 November, 7.30pm
Walthamstow Cricket Club, 48a Greenway Avenue, E17 3QN
A group of bands will battle head to head to win a whole day in a recording studio. Along with the Battle of the Bands, the Walthamstow Cricket Club is also playing host to a beer festival. Come and experience both for just £8 or £6 for the Battle of the Bands. Don't wait in line, book in advance with our Queue Jump Tickets. **For more information, or to book, visit www.exstageuk.com/botb**

Banjo classes for adults

Days and times TBC
Quaker Meeting House, 1a Jewel Road, E17 4QU
Weekly classes for all abilities from absolute beginners to advanced. With professional musician whose experience spans over 25 years. Private lessons also available. **For further information and to book, please phone Dick Smith on 07903 419 691, email dickbanjosmith@gmail.com or visit www.banjosmith.co.uk**

Ukulele classes for adults

Days and times TBC
Quaker Meeting House, 1a Jewel Road, E17 4QU
Come and learn the ukulele, or brush up your skills, with an experienced professional musician in a fun and relaxed environment. New course for beginners starts in January. **For further information and to book, please phone Dick Smith on 07903 419 691, email dickbanjosmith@gmail.com or visit www.banjosmith.co.uk**

Strung Out violin group for adults

Days and times TBC
Quaker Meeting House, 1a Jewel Road, E17 4QU
Got a violin in your attic you want to dust down? Fancy learning a new skill? Strung Out is a fun violin group for adult enthusiasts of all levels, with a professional musician. All styles of music welcomed from classical to traditional. Intermediates, easy and beginners welcome. Evening classes are limited, so please call for further information and to reserve a place. New term commences Monday 6 January 2014. **For more information please phone Alison Jones on 07740 622 428, email strungout@shapeshifter-productions.com or visit www.shapeshifter-productions.com**

Children and young people

E17 Junior Guitar Club

Saturdays, times vary
Hornbeam Centre, 458 Hoe Street, E17 9AH
Guitar playing fun for children of all abilities. Ages 7 and upwards. Pay £8 for a taster session, then £48 for a half-term of six 30 minute lessons. **For more information phone Christian Karlsson on 07958 471083, email chris@stunningmusic.com or visit www.stunningmusic.com**

Club Mellow parent, baby and toddler

Thursdays, 10.30am–12.30pm
ELOP centre, 56–60 Grove Road Walthamstow E17 9BN
A weekly social group for lesbian, gay, bisexual and trans parents and carers with bumps, babies and toddlers. A chance to meet and socialize with other LGBT parents and carers, share support and parenting tips, talk about the issues relevant to you, and develop LGBT social networks for you and your children. With plenty of toys and activities for the little ones and a chance to share stories and build better networks for the adults. Entry £2.50 for adults, free for little ones. **For more information phone 020 8509 3898 or email info@elop.org**

Maths and English tuition

Mondays, 4–6pm
Saturdays, 1–3pm
St Marys Hall, Lindley Road, E10 6QT
Leyton First Class Learning help children succeed in Maths and English. **For more information phone Rosa on 07503 140389 or email leyton@firstclasslearning.co.uk**

Community Ward Forums

Cann Hall and Cathall

Monday 25 November, 7–9pm
Venue to be confirmed

High Street

Monday 25 November, 7–9pm
Stoneydown Park Primary School, Pretoria Avenue, E17 6JY

Forest

Thursday 5 December, 7–9pm
Leyton Sixth Form College, Essex Road, E10 6EQ

Leyton

Thursday 5 December, 7–9pm
The Score Centre, Oliver Road, E10 5JY

Lea Bridge

Wednesday 11 December, 7–9pm
Lea Bridge Library, 383 Lea Bridge Road, E10 7HU

Leytonstone

Wednesday 11 December, 7–9pm
St John's Church, 825 High Road, E11 1HH

For more information on Community Ward Forums visit www.walthamforest.gov.uk/community-ward-forums

Council Meetings

Tuesday 26 November

Health and Wellbeing Board, 12.30pm
Adult Social Care Scrutiny Committee
Housing Scrutiny Committee

Thursday 28 November

Community Safety Board, 7pm
Overview and Scrutiny Management Committee

Tuesday 3 December

Cabinet, 5pm
Planning Committee, 7pm
Pension Fund Committee

Wednesday 4 December

National non-domestic ratepayers consultation, 6pm
Finance Scrutiny Committee

Wednesday 11 December

Community Safety Scrutiny Committee

Thursday 12 December

Full Council

All meetings are held at Waltham Forest Town Hall and start at 7.30pm unless stated otherwise.

Tell us what's on

Email your event details to:

walthamforestnews@walthamforest.gov.uk

Free internet access is available at all libraries in the borough.

The deadline for 13 January 2014 edition is
Friday 20 December

Please note inclusion cannot be guaranteed, due to the high volume of requests received.

FREE CHILDCARE FOR 2 YEAR OLDS...

...in a registered early years setting like a nursery, pre-school or with a childminder to help support their learning and development.

- Up to 15 hours of childcare per week
- High quality and flexible early learning
- Your child will have the opportunity to develop their communication and social skills
- Childcare will provide a good foundation for starting school

You may be eligible for a **FREE** place for your child if you receive one of the following:

- Income Support
- Income-based Jobseeker's Allowance (JSA)
- Income-related Employment Support Allowance (ESA)
- The Guarantee element of State Pension Credit
- Child Tax Credit but **not** entitled to Working Tax Credit and annual income **less than £16,190**.

Details of approved childcare providers in your area can be obtained by visiting our website address: **www.walthamforest.gov.uk/cypd**

If you require assistance with checking eligibility for a place or information on local childcare providers who are approved to deliver free childcare places please contact your local Children's Centre or the Waltham Forest Family Information Service on **020 8496 3000** or email **wffis@walthamforest.gov.uk.**

To see if your child is entitled, please use our simple online eligibility checker:
www.myearlylearning.co.uk

Full details of how you can access your free place can be found at
www.walthamforest.gov.uk/Documents/2,%203%20and%203%20Year%20Old%20FEEE%20Flyer.pdf

Waltham Forest

Better Housing 2013

Do you know of any empty properties on your street?

Empty Property Scheme

There is approximately one empty property on every street in the borough that could potentially become a new home for a family or individual.

We need your help. If you know of an empty property such as a house or flat above a shop, please email the address to **empty.property@walthamforest.gov.uk** or phone **020 8496 3000.**

The Council can then contact the owner and try to get it put back into use.

For more information visit
www.walthamforest.gov.uk/emptyproperties

Waltham Forest

Hands-on at hospital

- **Students get on-the-job training at Whipps Cross Hospital**
- **ProjectSEARCH helps young people with learning difficulties get into work**

Cllr Mark Rusling, left, meets members of the ProjectSEARCH team including student Ben Osborne, fourth from left, who has been working in the Orthodontics department at Whipps Cross Hospital

Hospitals are a place most people would avoid, given half a choice. For one group of Waltham Forest students however, visits to the local hospital have become a regular part of their lives.

Thanks to ProjectSEARCH, an innovative employment scheme that began in the USA and is supported by the Council, five local students are being shown the ropes in a range of departments at Whipps Cross Hospital. The project gives them hands-on work experience and the chance to secure a job in the future.

The pupils – from Whitefield Schools and Centre and William Morris School – started their ProjectSEARCH journey earlier this term. As they near the end of their first 10 week placement, the group are gearing themselves up for a change of scenery and their second placement in a different part of the hospital.

Over the past eight weeks the hospital's Orthodontics, Medical Engineering, Medical Library and Outpatients departments have opened their doors to the students, showing them what happens in the day to day running of the hospital and the jobs that are essential to keep services on track.

Restocking medical supplies and logging where medical equipment is stored are just two of the jobs the group have been doing to help medical staff give patients the care they need.

After Christmas the students will rotate placements, giving them new experiences in an entirely different section of the hospital. Future placements are also being explored with the Fracture Clinic, Patient Meals, X-Ray, Medical Records and Pharmacy, among others.

Cllr Mark Rusling, Cabinet Member for Economic Development and Corporate Resources, went down to the hospital to meet the students. He told Waltham Forest News: "With the current economic climate, it's never been more important to prepare young people for the world of work while they are still in education.

"This scheme is fantastic because it involves a real commitment from the two schools, the hospital and the Council to support the students and ensure that they get as much out of it as possible.

"I hope other employers will follow Whipps Cross' lead. As students offer a younger perspective and bags of enthusiasm, it's a two way learning process and employers can also benefit from the experience."

Aged 16 to 19, the pupils have a range of individual and often complex needs. While catered for by their school, this can make their quest for work experience and employment as they enter adulthood all the more challenging.

Getting near the dentist's chair might not be everyone's idea of fun, but Ben Osborne, 17, has spent the last eight weeks in the Orthodontics department. He's enjoyed getting his hands dirty mixing plaster to help mould sets of teeth.

> **"The scheme definitely makes you more confident."**

Ben said: "Doing this has opened my eyes to something I would never have had the chance to do. The scheme definitely makes you more confident and gets you working hard and interacting with people."

But it's not all hands-on learning – a typical day for the group starts in a hospital classroom, where they learn a curriculum taught by a teacher from Whitefield School and Centre before they get stuck in to the fun stuff. They also benefit from on the job coaching and feedback, to keep them on track and encourage their development.

At the end of the year-long scheme, the group – boosted with skills and experience – will be supported to find jobs, either at the hospital or with a different employer.

More info

For more information about ProjectSEARCH visit **www.pluss.org.uk/project-search**. If you would like to offer work experience opportunities to young people in Waltham Forest, call the Business Education Partnership Group on **0845 273 2226** or email **info@bepgroup.net**. Free internet access is available at all libraries in the borough.

In brief

Inspiring the Future

Working out what you want to do for the rest of your life can be a daunting prospect for most students, but a scheme called Inspiring the Future is changing the face of careers advice. Bringing volunteers from the world of work into schools, the scheme means students can speak directly to industry experts, ask them burning questions about their chosen career paths and get help with writing CVs and preparing for job interviews. Inspiring the Future is free and the Council is encouraging schools and volunteers to sign up. So far, eight secondary schools in the borough have signed up, along with 52 local volunteers from a range of organisations.

• To find out more visit www.inspiringthefuture.org or phone 020 3206 0510.

Food Works

Local food growing enterprise Organiclea is launching a new work scheme for young people aged 16 to 25 who are currently not in education, employment or training. If you live in Waltham Forest and you've ever thought about a career in horticulture, food retail or food processing then Food Works could help you on the path to a new career. The scheme, which is run in partnership with Waltham Forest Council, will take place at Organiclea's Hawkwood Community Plant Nursery (115 Hawkwood Crescent, E4 7UH). Young people can sign up for a two day introductory work taster or a 10 week accredited work experience placement. There are also paid work placement opportunities available and business start-up support and grants.

• For more information phone Clare or Darren on 020 8524 4996, email info@organiclea.org.uk or visit www.organiclea.org.uk.

You could have a career in food growing thanks to the Food Works scheme

GET TOGETHER TO ENJOY ANOTHER BRILLIANT YEAR IN WALTHAM FOREST

FREE EVENTS NO TICKET REQUIRED

Wednesday 1 January 2014
5pm–7pm
Show starts at 6pm

One fantastic night, two venues

Highams Park, The Charter Road IG8 9RE
Leyton Jubilee Park, Marsh Lane, Leyton E10 7DE

Welcome in 2014 at Leyton Jubilee Park or Highams Park as we put on two stunning fireworks shows to celebrate the start of another fantastic year in Waltham Forest. Enjoy the exciting mix of music, entertainment, and funfair rides. Food and drinks stalls also available.

www.walthamforest.gov.uk/events-get-together

Facebook.com/walthamforestcouncil

Follow us on twitter @LBWFEvents

Waltham Forest

Better Housing 2013

Landlords: Apply for up to £13,000 grant to do up your property

Empty Property Scheme

If you are a landlord or owner with an empty property in Waltham Forest, you may be eligible for a non-repayable grant of up to **£13,000** to do up your property.

In return, your property can be put back to use to help people in need, and will be let to people on the Council's waiting list for a minimum of five years.

Get in touch now to find out more:

- Email **empty.property@walthamforest.gov.uk**
- Phone **020 8496 3000**
- Visit **www.walthamforest.gov.uk/emptyproperties**

Waltham Forest

Our sporting champions

- **Award ceremony celebrates the contribution residents and clubs make to sport in Waltham Forest**
- **Hundreds of local people nominated for an award**

The Winners of the Waltham Forest Sports Awards celebrate their success

On your marks, get set … applaud. This was the theme on Thursday 14 November when Waltham Forest recognised its own sporting talent at the annual Waltham Forest Sports Awards.

Now in its fifth year, the ceremony celebrates local sports people, teams and clubs from Waltham Forest. Over 400 guests attended the Council-run event and this year there were more than 100 nominations made for the 14 awards. The judges described it as one of the hardest submission selections to date.

Olympic semi-finalist Cristian Morton, who represented team USA in the 400m at the London 2012 Olympic Games, and basketball player Mike Martin of the London Lions, attended the event to present awards to the winners.

Cristian told Waltham Forest News: "These awards are important. Recognition at any level gives validation to a person's efforts. With young people and volunteers it gives them motivation and acknowledges their hard work and dedication; these awards are the boost that people need to keep pushing, keep achieving."

Cllr Ahsan Khan, Cabinet Member for Health and Wellbeing, praised the nominees and winners saying: "As a host borough during the London 2012 Games, we want to ensure Waltham Forest has an Olympic legacy. That's why we're leading a £25 million programme to improve all of our leisure centres by 2014.

"Some of the winners tonight will be future stars on their way to sporting greatness and we want to support them as they, in turn, inspire future generations. "I'd like to offer my heartfelt congratulations to all those who were nominated."

More info

For more information about sports clubs and facilities in Waltham Forest visit **www.walthamforest.gov.uk** and search 'sports' or phone **020 8496 3000**.

Fact file

Award winners

- **Junior Team of the Year under 11s** – Ridgeway Rovers Football Club under 11 team
- **Junior Team of the Year under 18s** – Chingford School for Boys under 13 Football Team and Leyton Sixth Form College Men's Basketball Team
- **Sports Person of the Year under 16** – Roman Hadari
- **Outstanding London Youth Games Team Contribution** – Waltham Forest Hockey Team
- **Outstanding London Youth Games Individual Contribution** – Jeremy Nockles
- **Young Sports Leader of the Year under 16** – Stuart Philbey
- **Volunteer of the Year** – Jamie Elliot
- **Sports Person of the Year** – Reece Prescod
- **Inclusive Sports Award** – London Futsal Club
- **Physical Activity and Health Project** – Dao Lu CIC Tai Chi
- **Adult Team of the Year** – Walthamstow Squash Club
- **Coach of the Year** – Brendon Mounter and Darren Braithwaite
- **Club of the Year** – Waltham Forest Diving Club
- **Outstanding Services to Sport** – John Chesters

In brief

The fantastic new pool facilities at Leyton Leisure Centre

Free swimming

If you're keen to improve your family's swimming skills then help is on offer in the form of free swimming for under 18s, over 60s and people with disabilities living in Waltham Forest. As part of the Council-funded initiative eligible residents can swim for free at any time at Waltham Forest's leisure centres. To take advantage of this offer please register at www.better.org.uk/walthamforest. Registration costs £1 for under 18s and £6.90 for over 60s. Disabled people can register free of charge. The Council is investing more than £25 million in improving our leisure centres and there are plenty of other ways the Sports Development Team is encouraging local people to try new sports, be more active and enjoy better leisure opportunities. Take a look on the Council website for more information.

• For information visit www.walthamforest.gov.uk and search 'sport and leisure' or phone 020 8496 3000. To register for free swimming visit www.better.org/walthamforest. Free internet access is available at all libraries.

BBC award nomination

Waltham Forest Hockey Club's (WFHC) Juniors Coordinator, Matt Lovell, has been shortlisted for the BBC Sports Unsung Hero Award for London. Matt was nominated for his work to encourage hundreds of local children to start playing hockey. In recent times WFHC and its members have won numerous awards and accolades, gaining their Club Mark in August 2012 and being named Club of the Year by Pro Active London in 2012, among others. This could be the second year in a row that the Unsung Hero Award for London has come to Waltham Forest. Last year Sabir Bham, who runs Leytonstone-based community engagement project Salaam Peace, won the award for his dedicated work in the community which focuses on promoting the positive aspects of Islam and bringing communities together via sport.

• For more information on WFHC visit www.walthamforesthc.co.uk. Free internet access is available at all libraries in the borough.

Creating a better place

Waltham Forest Council is committed to creating a better place for residents by improving facilities across the borough. Work is progressing at a fast pace with the completion of street works in Leytonstone and four more play areas this month.

Here we bring you a quick snapshot of the latest news this month.

Better High Streets

We are committed to improving high street facilities in the borough, which you told us is one of your top priorities. We want to see businesses in the borough thrive and we know that times are tough. So we are investing £9million into our high streets and supporting small businesses by creating spaces for them to start up.

Leytonstone

Leytonstone's most famous resident, film director Alfred Hitchcock, has been referenced in our new street improvements at the location he grew up. Paving slabs on Leytonstone High Road at Lynn Road reference Hitchcock's 1963 classic 'The Birds'. Other work in the area includes feature lighting, tree planting, road and pavement resurfacing. Work will soon begin on improving six shop fronts in the area; this will be completed by March 2014.

Walthamstow

Forty shops along Hoe Street, Walthamstow, are set for a facelift with some light touches to their shop fronts to enhance the look of the high street. Work will differ but may include painting, tidying up and improvements to facades, awnings and signage. The first four shops have been completed and all remaining shops will be complete by March 2014.

Walthamstow town centre has also received a splash of colour. Internationally famous artist Richard Woods has created 'Logo No 112' on the BHS wall using wood block printing. Two local work placement students helped to install the artwork which has helped to brighten up the area.

Higham Hill

As part of the work to improve Higham Hill, the area will benefit from improvement works to the streets, parade of shops and Higham Hill Park. Work has already started in the area and recently new gates were made for the park.

Leytonstone

Before

Walthamstow

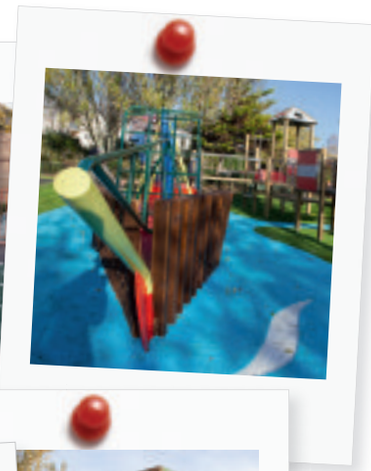
After

Higham Hill

Creating a better place 2013

Better High Streets • Better Leisure • Better Schools • Better Housing

To be kept up-to-date with all the latest news



Chase Lane Park, Chingford

Stoneydown Park, Walthamstow

Folly Lane Playground, Walthamstow

Better High Streets
Better Leisure
Better Schools
Better Housing
2013

Better Schools

The Council has agreed plans that will ensure the borough's young people can enjoy high quality education in first-rate school buildings.

The programme covers everything from maintaining school buildings to ambitious expansion projects that will provide extra space and superb new facilities for children and young people.

Under the plans:

- £4million will be invested in improving a number of school kitchens, providing modern cooking facilities to cater for the increasing number of students.
- Proposals to expand a number of primary schools, including three primaries in the north and south of the borough (subject to local and statutory approvals), will be progressed. This is in addition to plans to provide an additional 28 classes by 2017.
- Two secondary schools will also be improved, following a detailed review of the condition of all secondary school buildings.

Officers will be working closely with teaching staff to explore and carry out the programme, which is funded through a range of sources including £24million in government funding secured by the Council.

Better Leisure

We want you to make the most of your borough and enjoy what's on offer right on your doorstep.
We are continuing to improve leisure facilities in Waltham Forest so there's something fun for everyone to enjoy.

Work is well underway on The Scene at Cleveland Place, bringing a much wanted cinema to the borough, and at Cathall Leisure Centre which is being completely refurbished.

Four more play areas have reopened following refurbishment of the play equipment and surfacing. St James Park, Stoneydown Park and Folly Lane Playground in Walthamstow, and Chase Lane Park in Chingford have all benefitted from their share of £1.9million. Pupils from local schools helped us celebrate the reopenings and everyone had a lot of fun testing out the new equipment. In total 28 play areas are being refurbished as part of a programme which will be complete by March 2014.

Better Housing

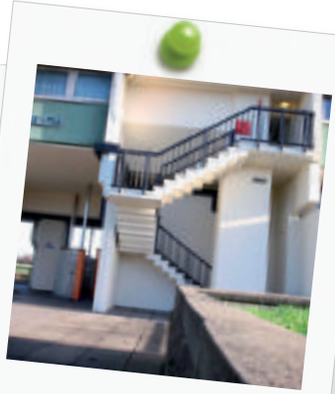
The Council has a key role to play in ensuring there is quality housing available for residents at every stage of their lives, and that this is supported by facilities that residents can use and enjoy to make Waltham Forest their home for life.

We will be working with residents over the coming months to develop plans for John Walsh and Fred Wigg Towers in Leytonstone, which will result in major improvements to the estate.

If you would like more information on the improvement programme you can visit the project shop, based in the car park:

- Monday 10am-1pm
- Wednesday 2pm-5pm
- Friday 2pm-5pm

There will also be an opportunity to talk to staff about the improvements at a festive event on Saturday 14 December 2013.



Leytonstone

visit www.walthamforest.gov.uk/betterplace

Waltham Forest

Better libraries for all

- **Work underway to create a modern library service for Waltham Forest residents**
- **A second entrance makes access to Walthamstow Library easier than ever**

Cllr Ahsan Khan, Cabinet Member for Health and Wellbeing, and Cllr Naheed Asghar, Junior Cabinet Member for Libraries and Library Development, at the new Walthamstow Library entrance

Plans to improve Waltham Forest's Library Service are progressing well, and significant investment will see the borough's four main library branches transformed into modern community spaces by the end of 2016.

Waltham Forest Council is investing £5 million in refurbishing its libraries at Chingford, Leyton, Leytonstone and Walthamstow, while many other councils are cutting library services.

Ahead of a full refurbishment in 2015, an additional entrance was opened at Walthamstow Library on Wednesday 13 November. Visitors can now access the library through the building's original entrance on Walthamstow High Street, as well as through the main entrance on the Town Square.

Cllr Ahsan Khan, Cabinet Member for Health and Wellbeing, and Cllr Naheed Asghar, Junior Cabinet Member for Libraries and Library Development, joined library staff and residents to mark the opening of the new entrance.

Meanwhile, the refurbishment of Leyton Library is continuing apace and the library is expected to reopen by March 2014.

Improvements will see brand new computers installed in a modern IT suite, with fast and reliable wi-fi also available throughout the building. Books will move to the first floor, along with a larger children's library, which will include a new story-telling area and activity space. A dedicated teenage library will include books, study space and dedicated IT services.

The new library will also provide local access to other Council and partner services, including Council Tax payments, benefits advice and registrar services.

During the refurbishment two 'pop-up' libraries have opened nearby at Leyton Cricket Ground (Leyton High Road, E10 6PY) and at Sidmouth House (25 Sidmouth Road, E10 5QZ).

Cllr Ahsan Khan told Waltham Forest News: "We have listened to what local people have had to say to make sure that our updated libraries will meet their needs.

"It's important that our libraries move with the times to make sure that they are still relevant to the communities they serve. By making more services available under their roofs and ensuring that they are linked up to the latest technology we will encourage a new generation of users to walk through the door.

He continued: "While we know the works will cause some disruption, we are sure that the refurbished libraries will be worth the wait."

Improvement works at Leytonstone Library will start in late 2014 and at Chingford and Walthamstow in 2015. Keep an eye out for more information in future editions of Waltham Forest News.

Waltham Forest also has four 'Library Local' branches that are open for 30 hours a week and offer a wide range of books and free Internet access. They are; Hale End Library, Higham Hill Library, Lea Bridge Library and Wood Street Library.

More info

For opening hours and more information about the borough's libraries visit **www.walthamforest.gov.uk/libraries** or phone **020 8496 3000**.

Licensing of all
Privately Rented Properties

Better Housing

We think...
that every privately rented home in Waltham Forest should be licensed by the Council, so we propose to make the borough a Selective Licensing Area.

What do you think...
For full details and to comment on the proposal visit **www.walthamforest.gov.uk/selectivelicensing**

Alternatively, pop along to one of our street stalls or roadshows. Details are on our website.

The consultation is open until **24 January 2014** and only takes a few moments to complete.

For more information call **020 8496 3000.**

Creating a better place
Better High Streets • Better Leisure • Better Schools • Better Housing

Waltham Forest

Notices

Special Treatment Licences

NOTICE IS GIVEN THAT Tasmeah Azmat has applied to the London Borough of Waltham Forest for a Special Treatment Licence for massage, waxing, manicure, facials which the licence is for the premises Her Glow, 635 High Road Leytonstone, London, E11 4RD

Anyone wishing to oppose the application must give notice in writing to the **LICENSING OFFICER, ENVIRONMENTAL HEALTH & TRADING STANDARDS, SYCAMORE HOUSE, TOWN HALL COMPLEX, WALTHAMSTOW E17 4JF WITHIN 21 DAYS OF PUBLICATION** specifying the grounds of opposition.

Persons objecting to the grant of a licence must be prepared to attend in person before a Committee of the Council.

Highways

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)
THE WALTHAM FOREST (SUTHERLAND ROAD) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) (NO. 2) ORDER 2013 – TT70

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 19th November 2013 it made an Order to enable construction works to be carried out in a safe and efficient manner in Sutherland Road, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to restrict waiting and loading by vehicles (except works vehicles) in this road.
2. Whilst the works are being carried out no person shall cause or permit any vehicle to wait or load for any purpose at any time in Sutherland Road, the south side, between a point 3.8 metres west of the eastern wall of No. 37 Sutherland Road westward for a distance of 30 metres.
3. Vehicles waiting or loading in disregard of this Order will be removed.
4. The restrictions mentioned above will not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.
5. The Order will come into operation on 25th November 2013 and will be valid for a maximum period of 14 months or until the works are completed, whichever is the sooner.

Dated 25th November 2013
Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)
THE WALTHAM FOREST (20MPH ZONE) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2013 – TT73

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends to make an Order to enable construction works to be carried out in a safe and efficient manner in certain roads, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to prohibit traffic (except works vehicles) and restrict waiting and loading by vehicles (except works vehicles) in certain roads.
2. Whilst the works are being carried out, no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in the roads listed in the Schedule to this Notice.
N.B. These works would not be carried out simultaneously in all roads but in a sequence as directed by the Council.
3. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic would be indicated by traffic signs.
4. Vehicles waiting or loading in disregard of this Order would be removed.
5. The restrictions mentioned above would not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.
6. The Order would come into operation on 4th December 2013 and would be valid for a maximum period of 6 months or until the works are completed, whichever is the sooner.

Dated 25th November 2013
Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

Schedule

Aylmer Road, Barclay Road, Barfield Road, Beacontree Road, Browning Road, Bushwood, Carlton Road, Church Lane, Dacre Road, Forest View, Gainsborough Road, Grove Road, Hanbury Drive, Hartley Road, Harvey Road, High Road Leytonstone (part of), Kirkdale Road, Lemna Road, Leybourne Road, Leyspring Road, Mornington Road, Stanmore Road and Woodville Road.

LONDON BOROUGH OF WALTHAM FOREST
PROPOSED INTRODUCTION OF 20MPH ZONE AND TRAFFIC CALMING – BUSHWOOD AREA
The Waltham Forest (20 mph Speed Limit) (No. *) Traffic Order 2013 – T56

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest propose to make the above-mentioned Order under sections 84 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the Order would be to introduce a maximum speed limit of 20mph in the streets specified in the Schedule to this Notice.
3. FURTHER NOTICE IS HEREBY GIVEN that the Council, in accordance with Sections 90A and 90C of the Highways Act 1980 and the Highways (Road Humps) Regulations 1999, proposes to introduce round-top road humps known as "speed humps" in the following locations:
(a) Beacontree Road, outside No. 47;
(b) Browning Road, outside Nos. 68 and 69;
(c) Bushwood, outside No. 7, No. 13, No. 24, Nos. 29 and 30, No. 49, No. 63 and No. 76;
(d) Hartley Road, outside No. 24;
(e) Leybourne Road, outside No. 17 and No. 63;
(f) Leyspring Road, outside No. 33 and No. 73;
(g) Mornington Road, outside No. 18;
(h) Stanmore Road, outside No. 3 and Nos. 5 and 7; and
(i) Woodville Road, outside Nos. 8 and 10 and 3.2 metres north of No. 38 Leybourne Road.

The round-top road humps would be elevated sections of carriageway, between 75 and 100 millimetres higher at their highest point than the surrounding carriageway, extending across the full width of the carriageway and measuring approximately 3.7 metres in length, including the gradients.

4. Copies of the Order, the Council's Statement of Reasons for proposing to make the Order and of plans showing the location and effect of the Order and proposed measures can be inspected during normal office hours on Mondays to Fridays inclusive until the end of a period of 6 weeks from the date on which the Order is made or the Council decides not to make the Order, at (a) the Information Desk, Town Hall, Forest Road, Walthamstow, E17 The Reception Desk and (b) the London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.
5. Any person desiring to object to any of the Order, or proposed measures, or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS, quoting reference T56, by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

For more information please telephone 020 8496 3000, quoting reference Traffic Orders T56.

Dated 25th November 2013
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS.

Schedule

Aylmer Road, Barclay Road, Barfield Road, Beacontree Road, Browning Road, Bushwood, Carlton Road, Church Lane, Dacre Road, Forest View, Gainsborough Road, Grove Road, Hanbury Drive, Hartley Road, Harvey Road, High Road Leytonstone (part of), Kirkdale Road, Lemna Road, Leybourne Road, Leyspring Road, Mornington Road, Stanmore Road and Woodville Road.

Birkbeck
UNIVERSITY OF LONDON

CHANGE YOUR LIFE
GET A PLACE AT BIRKBECK

Get a better job, a bigger income and a broader outlook. Work during the day and study in the evening. Study a short course or Foundation Degree starting in January. Whatever your age, background or motivation, join a university voted number one in London and ranked amongst the world's top one per cent.

Open Evening
Thursday 28 November
bbk.ac.uk/getaplace

LONDON'S EVENING UNIVERSITY

Pull Out Guide

1 Bakers Arms

Davies and Sons Fishmongers	494 Hoe Street, E17 9AH
Doreen Fashion	644 Lea Bridge Road, E10 6AP
Hornbeam Community Cafe	458 Hoe Street, E17 9AH
Pictorem Gallery	383 Hoe Street, E17 9AP
Teasels Yarn Crafts	842 High Road Leyton, E10 6AE
The Only Way is Flowers	579 Lea Bridge Road, E10
Neelam - Sweets and Restaurant	429 Hoe Street, E17 9AH

2 Leyton

Café Anatolia	277 High Road Leyton, E10 5QN
Expressions in Hair	210 High Road Leyton, E10 5PS
Lo-Key Clothing Store	258 High Road Leyton, E10 5PW
Princess Boutique	279 High Road Leyton, E10 5QN
The Key Shop	222 Leyton High Road, E10
Smoothies	250 Leyton High Road, E10
Clarkins	264-268 Leyton High Road, E10
Snip and Shape	206 Leyton High Road, E10

3 Leytonstone

Bumblebee Flowers	829-837 High Road Leytonstone, E11 1HH
E11 Market	829-837 High Road Leytonstone, E11 1HH
Dogs Dinner	23 Kirkdale Road, E11 1HP
Engine Shed Model Railways	745 High Road Leytonstone, E11 4QS
Fire and Kitchens	746 High Road Leytonstone, E11 3AW
K. Rayner Butchers and Sons	32 Church Lane, E11 1HG
Luna Lounge	7 Church Lane, E11 1HG
Stone Space Gallery	6 Church Lane, E11 1HG
The North Star	24 Browning Road, E11 3AR
The Olive	25-26 Kirkdale Road, E11 1HP
Zain Greetings	48 Church Lane, E11 1HE

4 North Chingford

Carole Langley Florist	33 Station Road, E4 7BJ
Needful Things	58 Station Road, E4 7BE
Spice Station	140 Station Road, E4 6AN
The Bookshop	135 Station Road, E4 6AG
The Craft Cabin	57 Station Road, E4 7BJ
The Little Beauty Room	49 Station Road, E4 7DA
The Little Village Boutique	51 Station Road, E4 7BJ
Truly Scrumptious	95 Station Road, E4 7BU
Village Health	36 Station Road, E4 7BE
Wilsons Fish and Chips	101 Station Road, E4 7BU
The Watch shop	Village Arcade, E4
The Sewing Shop	Village Arcade, E4
Arcade Flowers Boutique	Village Arcade, E4
Village Tea Room	Village Arcade, E4
Prinny Prince Children Hair & Beauty Salon	Village Arcade, E4
Scandalous Clothing	Station Road, E4
Arcade Health	Village Arcade, E4
Promo2U	4 Kings Head Hill, E4
Zekana Hair Salon	Station Road, E4
E4 Glam Boutique	Station Road, E4
Classy Canines	The Village Arcade, E4
Glam	137 Station Road
Ideal Property Consultants	83 Station Road
The Bloom Room Florist	6 Station Approach, E4

Businesses highlighted in blue have promotions or discounts available.

5 South Chingford

Aroma Ltd	8-9 Albert Crescent, E4 6SH
Bluefire Tattoo	192B Chingford Mount Road, E4 9BS
Caffe La Rocca	43 Old Church Road, E4 6SJ
Kino	16-18 Old Church, Road, E4 8DD
Mantilla Music	204 Chingford Mount Road, E4 8JR
Osiana the Florist	68 Old Church Road, E4 8BX
Rowe Sports	1 New Road, E4 9EU
Styles Ahead	256 Chingford Mount Road, E4 8JL
Treacles Boutique	4 Cherrydown Avenue, E4 8DP
Oh My café	92 Old Church Road, E4
Axl clothing	3 Albert Crescent, E4
Suitability Dry Cleaners	251 Chingford Mount Road, E4
E4 Eyes	12 Old Church Road, E4

6 Highams Park

Kings Drycleaner	25 Winchester Road, E4
Mrs Humbugs Sweet Shop	7 Winchester Road, E4
V and A Books & Gifts	2 Bank Building, The Avenue, E4
Cinderella Nail & Beauty	14-18 Winchester Road, E4
Rosie & Me Gifts	12 Winchester Road, E4
Oasis Hair Design	29 Winchester Road, E4
Caffe Latte	9 Signal Walk, E4
Grace and Albert Cookshop	406 Hale End Road, E4

7 Walthamstow

Manze's Pie and Mash	76 High Street, E17 7LD
Coffee Beans Market	154 High Street, E17
Manhattan Connections	177 High Street, E17
Perfumania	164 High Street, E17
Opal Boutique	114c High Street, E17
Daisy's	176 Hoe Street, E17
Golden Cake	39-41 High Street, E17
Gulliver	161 High Street, E17
Style Overdose	106c High Street, E17
GO2	187 High Street, E17
The Veg Hut	2b Chingford Road, E17
Le Delice	114 Hoe Street, E17
KNI Foundation Dance Studio	2nd Floor Landmark House, Uplands Business Park, E17
Inspiring Health	www.inspiringhealth.myforever.biz/store
Paul Henry Architects & Project Managers Ltd	Studio 5, Blackhorse Lane, E17
In Fine Health	www.infinehealth.co.uk
XL Hair Design	76 St Mary Road, E17
Penny Fielding limited	34 Orford road
R Davies Osteopathy	10 Barclay Road

8 Wood Street

Pie and Mash	55 Wood Street, E17
Mahanayim Publications and Christian Bookshop	93 Wood Street, E17
Images in Frames	59 Wood Street, E17
Casa 05	1 Golden Parade, Wood St, E17
FEI Education Charity Shop	3 Golden Parade, Wood St, E17
Aura Rosa	Unit 2 Wood St Indoor Market, E17
Y-Wait Beauty Salon	Unit 3-5 Wood St Indoor Market, E17
Even Style	Unit 6-7 wood Street Indoor Market, E17
Art Natur-El	Unit 8 Wood St Indoor Market, E17
Mother's Ruin	Unit 12 Wood St Indoor Market, E17
Gigi's dressing room	Unit 23 Wood St Indoor Market, E17
Second Nature	78 Wood Street

Small Business Saturday

Events and Family Entertainment

South Chingford

11am - 4pm Chingford Mount

Santa's Grotto

Choir and Christmas carols

Candy floss and much more

North Chingford

11am - 4pm Chingford Green

Reindeer trail

Santa's Grotto

Bouncy castle

Tea cup ride and more on the Green

Walthamstow Town Centre

10am - 5pm Town Square

Free film on the Big Screen

Fun photo booth

Bell-ringer workshop and more

E17 Puppet Project at 2a Beulah Road 5pm

Wood Street

2pm - 7pm Wood Street Plaza

Christmas market

Santa's Grotto

Live – Animal manger

Leytonstone

11am - 4pm Leytonstone High Road

NatWest Business Mobile Unit

Pop-up craft market

Children's entertainment

Arts and craft fair

Blackhorse Lane/Higham Hill

11am - 8pm Higham Hill Recreation Ground

Winter fayre

Craft and food stalls

Live music

Meet Santa Claus

Bakers Arms

11am - 4pm Hoe Street

Christmas craft market at Forest Recycle Project

Music and more at Hornbeam Café

Leyton

High Road Leyton

Free pop-up family film in The Great Hall, 1pm and 5pm

Santa's Grotto, 10am - 3pm (Coronation Gardens)

Discounts and other promotions

available at participating stores

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Waltham Forest